

Invitation



Organized by
University Hospital of Turku
and endorsed by
the Finnish Society of Hypertension

9.-10.5.2019

Dear Friend!

Welcome to the Hypertension in Women Symposium to be held in Turku, at Radisson Blu Marina Palace Hotel in 9.–10.5.2019.



During two days we will cover two important periods when especially hypertension becomes relevant in women's life: first time during pregnancy when in form of preeclampsia this disorder affects both mother and fetus – and second time during postmenopausal life when hypertension becomes an important risk factor for cardiovascular diseases. We are going to focus both items separately and give an uptodate overview where we stand at the moment.

At the same time we show that there might be connections between these two: is hypertension in pregnancy a risk factor for postmenopausal hypertension and coronary artery disease?

Please return the attached registration form by e-mail to wohta19@gmail.com in your earliest convenience and guarantee your participation in the exceptionally interesting symposium. The first 100 participants can be admitted. There is no registration fee.

Faculty of Medicine of the University of Turku has accepted 9 h for two days (9.–10.5.2019), 3 h for the first day (9.5.2019) and 6 h for the second day (19.5.2019) for specialization in endocrinology, cardiology, internal medicine, obstetrics and gynecology and general medicine.

Greatly welcome!

Risto Kaaja, professor IIkka Kantola, professor University Hospital of Turku University Hospital of Turku

Any questions: risto.kaaja@utu.fi

Scientific program

9.5.2019 Chairpersons:	Hypertension during pregnancy Hannele Laivuori and Risto Kaaja	10.5.2019 Chairpersons:	Postmenopausal hypertension and other CV risk factors Risto Kaaja and Päivi Polo	
16.00-16.45	Short and longterm consequences of pre- eclampsia; Professor David Williams, London, UK	9.00-9.45	State of the art: Is diabetes different in women than in men ?, Professor F Mauvais-Jarvis, New Orleans, USA	
16.45-17.15	Can pre-eclampsia be prevented? Professor Hannele Laivuori, Tampere, Finland	9.45-10.15	Are CV risk factors in women present already in youth, Professor Markus Juonala, Turku,	
Coffee break, exhibitions			Finland	
17.45-18.15	Role of thrombophilia in pre-eclampsia, Dr Päivi Galambosi, Helsinki, Finland	Coffee break,	exibitions	
18.15-18.45	New insights in pre-eclampsia research, Associate professor Martin Ivarsson, Stockholm, Sweden	10.45-11.15	HRT and cardiovascular risks, Professor Matti J.Tikkanen, Helsinki, Finland	
		11.15-11.45	Exibitions	
Closing remarks: Risto Kaaja		12.30	Lunch at Radisson Blue Turku	
19.30	Dinner cruise with ms Rudolfina (self-financed)	14.00-14.30	Metabolic syndrome and PCOS in postmenopausal women; Associate prof. Laure Morin-Papunen, Oulu, Finland	
		14.30-15.00	Metabolic syndrome in women, Professor Risto Kaaja, Turku, Finland	
		15.00-15.30	Postmenopausal depression and sleep disturbances as CV-risk factors, Professor Päivi Polo, Turku, Finland	
		15.30-16.00	Coffee break	
		16.00-16.45	Decreasing CV-risk in women, Professor Timo Strandberg, Helsinki, Finland	
		Closing remarks:	Risto Kaaja	
		Coffee break,	Exibitions	

20.00

Dinner at Radisson Blue restaurant